## Panama City Beach Senior Center

423B Lyndell Lane, PCB, FL 32407

Membership Required \$50.00 per year \*

Hours: Mon-Fri 9 am to 3 pm (email: <a href="mailto:srcenter@pcbsc.com">srcenter@pcbsc.com</a>) Telephone 850-233-5065

www.pcbseniorcenter.com

## **June 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am -Strength & Exercise 9:30 am- Chair Exercise 10:30 am -Pilates 10:00 am -Bridge 12:30 pm -Painting Partners	9:00 am- Strength & Exercise 9:00 am – Wood Carving 10:00 am -Yoga 11:00 am -Line Dancing 12:00pm - Intarsia	9:00 am- Coffee Hour 9:00 am - Strength & Exercise 10:00 am - Chair Exercise 10:00 am - Bridge 12:00 pm- Stained Glass 12:15 pm- Mahjong 12:30 pm - Water Color  MEMBERS ONLY POTLUCK! 12:00 -1:00 PM	9:00 am -Strength & Exercise 9:00 am -Wood Carving 10:00 am -Yoga 12:00 pm- Intarsia 12:30 pm -Beginning Ukulele 1:00 pm -Ukulele BUMS 1:00 pm - Loose Threads	9:00 am – Strength & Exercise 9:30 am Chair Exercise
9 9:00 am -Strength & Exercise 9:30 am -Chair Exercise 10:30 am -Pilates 10:00 am- Bridge 12:30 pm -Painting Partners	9:00- Strength & Exercise 9:00 am -Wood Carving 10:00 am- Yoga 11:00 am- Line Dancing 12:00 pm -Intarsia	9:00 am -Coffee Hour 9:00 am - Strength & Exercise 10:00 am - Chair Exercise 10:00 am - Bridge 12:00 pm - Stained Glass 12:15 pm - Mahjong 12:30 pm - Water Color	9:00 am- Strength & Exercise 9:00 am- Wood Carving 10:00 am- Yoga 12:00 pm- Intarsia 12:30 pm - Beginning Ukulele 1:00 pm- Ukulele BUMS 1:00 pm - Loose Threads	9:00 am-Strength & Exercise 9:30 am- Chair Exercise
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